12:53 AM

One Brave Night for Mental Health

Please don't expect me to always be good and kind and loving. There are times when I will be cold and thoughtless and hard to understand.
- Sylvia Plath
WomenWorking.com

KICK MENTAL ILLNESS IN THE A$$

Our team is raising money to stop mental illness from destroying lives by participating in **CAMH One Brave Night for Mental Health**, the all-night challenge to defeat mental illness.